



RGA Annual Gymnastics Invitational 2014

EVENT HANDBOOK

(updated 2 September 2014)

1 Organizer

Raffles Gymnastics Academy

(The Salvation Army Sports Centre)
500 Upper Bukit Timah Road, Singapore 678106

Tel: +65 6838 4288
Fax: +65 6767 4288

Email: enquiries@rafflesgymnastics.com
Website: www.rafflesgymnastics.com
FaceBook: <https://www.facebook.com/rafflesgymnastics>

2 Date and Venue

Date: 29 November 2014 (Saturday)

Venue: Raffles Gymnastics Academy (address as stated in Section 1) unless otherwise notified.

3 General Information

The RGA Annual Gymnastics Invitational is a friendly competition targeted at advanced recreational gymnasts training an average of 2 – 6 hours per week.

Registration Fees

S\$70.00 (inclusive of GST) per gymnast

Registration & Payment Deadlines

Registration & Payment Deadline: 1 November 2014, Saturday

- Submission of all competitor registration & indemnity forms via email.

4 Categories & Age Limits (Women's and Men's Artistic Gymnastics)

Competition System:

Gymnastics Australia National Development Program 2009-2012 (NDP) Version 2 (March 2011)

Competition Format

- No limit to individual participants from clubs/schools/organizations.
- There will be no Team Categories this year.
- Both the Individual All-Around (IAA) and Individual Event Final (IEF) awards and rankings will be determined through a single session of competition.
- RGA reserves the right to cancel or merge/change a category if minimum numbers of competitors are not met.

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(Age categories refer to year of birth, i.e. even if date of birth is in Dec 2006, you are considered aged 8 for this event.)

Women's Artistic Gymnastics

NDP Level 1 – 8 & Under
NDP Level 1 – 9 & Over
NDP Level 2 – 10 & Under
NDP Level 2 – 11 & Over
NDP Level 3 – Open Age

Men's Artistic Gymnastics

NDP Level 1 – Open Age



5 Competition Rules

PARTICIPANTS & TEAMS (WAG and MAG)

1. No limit to the number of individual participants from each school/club/organization.
2. There will be no Team Championships this year.
3. All competitors using music for Floor Exercise are to submit their music at the PA booth at the start of their General Warm-up. Music is to be submitted either in CD or USB Drive (mp3) formats.
4. A category will be only open for competition with a minimum of three confirmed competitors. Raffles Gymnastics Academy (S) Pte Ltd reserves the right to close/merge/alter a competition category if this requirement is not met. In the event that a category is closed, all registration fees will be fully refunded. Any closure of categories will be announced by **7 November 2014, Friday**.
5. A maximum of two coaches per team will be permitted in the competition arena. Coaches must wear club-affiliated shirts during the competition.

6 Awards

Women's Artistic Gymnastics

Individual All-Around (IAA) and Individual Event Finals (IEF)

1. All rankings (Individual All-Around and Individual Event Finals) will be determined through a single competition session.
2. For WAG: The Individual All-Around championships shall be decided from the sum of scores of all four events (Vault, Balance Beam, Bar(s) & Floor Exercise).
3. For MAG, The Individual All-Around championships shall be decided from the sum of scores of four events (Floor Exercise, Pommel Horse, Vault, Parallel Bars, High Bar).
4. For the Annual Gymnastics Invitational:
 - IAA gold medals will be awarded to the top one-third of competitors; silver medals to the next one-third of competitors, and bronze medals to the final one-third of competitors.
 - IEF medals will be awarded to the top 3 positions; ribbons will be awarded to the 4th – 12th positions.
5. In the event of tied scores for IEF, the competitor with the higher IAA score is ranked higher.

7 Provisional Programme – to be confirmed

The competition schedule will be released after registration is closed.

Scheduled time:
29 November 2014, Saturday, 8am – 2pm



8 Registration Details

Registration Fees

1. S\$70.00 (inclusive of GST) per gymnast

Registration Forms

2. Please fill in the attached registration form and submit the forms to Raffles Gymnastics Academy via email (enquiries@rafflesgymnastics.com) by 1 November 2014, Saturday.
3. Please use one form for each category.
4. Registration forms received later than 1 November 2014, Saturday will only be accepted on a case-by-case basis.

Payment Information

5. Failure to make payment of registration fee by 1 November 2014, Saturday, will render the registration void.
6. Payment can be made via:
 - Cash (at our registration counter)
 - **Cheque made payable to: RAFFLES GYMNASTICS ACADEMY (S) PTE LTD**
 - **Funds Transfer (Local) :**

Transferring from an OCBC account

Bank Name OCBC Limited
Account No. 5287 3835 4001 (SGD)

Transferring from other bank accounts

Bank Code 7339
Branch Ang Mo Kio Central Branch
Branch Code 528
Account No. 7 3835 4001

Please indicate your **child's name** in the payment details.



RGA ANNUAL GYMNASTICS INVITATIONAL 2014 INDIVIDUAL GYMNAST REGISTRATION FORM

SCHOOL / CLUB / ORGANIZATION DETAILS	
School / club / organization:	
Address:	
Email:	Office Tel #:

COMPETITION IN-CHARGE & COACH IN-CHARGE	
Comp IC Name:	Mobile #:
Comp IC Email:	
Coach Name:	Mobile #:

GYMNAST DETAILS	
Full Name:	
Date of Birth (DD/MM/YY):	Age (in 2014):
BC/IC/PP #:	Contact #:
Address:	
Parent's / Guardian's Name:	Mobile #:
Relationship to Gymnast:	Email:

EVENTS (please tick your category)	
Annual Gymnastics Novice Invitational Division	
Women's Artistic Gymnastics <input type="checkbox"/> NDP Level 1 – 8 & Under <input type="checkbox"/> NDP Level 1 – 9 & Over <input type="checkbox"/> NDP Level 2 – 10 & Under <input type="checkbox"/> NDP Level 2 – 11 & Over <input type="checkbox"/> NDP Level 3 – Open Age	Men's Artistic Gymnastics <input type="checkbox"/> NDP Level 1 – Open Age

Payment Mode: Cash / Cheque / Bank Transfer (refer to Event Handbook for payment info).

DECLARATION & INDEMNITY
<p>I, _____ (Parent/Guardian's Name)*, NRIC: _____, hereby agree to (my / my child's/ward's)* participation in the RGA Annual Gymnastics Novice Invitational conducted by Raffles Gymnastics Academy (S) Pte Ltd on 29 November 2014, Saturday, at Raffles Gymnastics Academy.</p> <p>In consideration of your acceptance of the entry, all claims and damages against Raffles Gymnastics Academy (S) Pte Ltd, its coaches, officers, agents, employees and other representatives, arising from, occasioned by, or incidental to (my / my child's/ward's)* participation during the above Event are hereby waived, released and forever discharged.</p> <p>I give Raffles Gymnastics Academy (S) Pte Ltd permission to seek medical care for (me / my child/ward)* in case of an emergency. I also agree that all medical treatment and costs shall be my sole responsibility.</p> <p>Signature of Parent / Guardian / Gymnast*:</p> <p>Date:</p> <p><i>*Delete where applicable. If participant is 21 years old and above, he/she is to put his/her own name under the declaration and indemnity clause and sign off at the bottom.</i></p>