# 27<sup>th</sup> Annual Santa Claus Meet 29<sup>th</sup> & 30<sup>th</sup> November 2014 Meet Information Packet



# **MEET ENTRY DEADLINE:**

The Meet Event List (PDF) and the Team Manager (TM) Meet Entry File are both attached to this email.

All entries must be submitted in Team Manager format to <a href="mailto:swim.coach02@gmail.com">swim.coach02@gmail.com</a> by **5:00pm on Friday 14<sup>th</sup> November 2014**. Late entries will not be accepted.

## **REGISTRATION & ENTRY FEE**

Registration and entry fee per swimmer is \$75.00 SGD (Singapore Dollar Only). The meet fee includes a Meet T-shirt and a Meet cap per swimmer.

Please complete the T-Shirt Size Order Form attached to this email to provide the number of t-shirts, and the size (32-44). We will try our best to accommodate all sizing requests but cannot guarantee that we will be able to have exactly what is requested. This form is due by **5:00pm Friday 14<sup>th</sup> November 2014.** 

Please consolidate all fees as a team. You may settle payment by cash or check payable to **SACAC** on the day of the meet. Please make payment of your meet fees at the MS Athletics Office prior to 7:00am on the Saturday morning of meet day.

Entry fees will be based upon number of swimmers entered as of 5:00pm Friday 21st November 2014.

- Athlete age is as of day of meet 29<sup>th</sup> November 2014.
- Each swimmer may enter a maximum of 4 individual events and 2 relays.
- Athletes may swim up in relays, but the limit is still 2 relay swims.
  - The 100/200M Freestyle Relays will be offered on Saturday
  - o The 100/200M Medley Relays will be offered on Sunday.
  - o For the 13 & Over Relay Events (51-52, 77-78), please submit teams as 13-14 and 15 & Over.

We are required to collect a signed waiver for **EACH** participating swimmer. These can be submitted via post/fax/email and are due by **5:00pm Friday 14<sup>th</sup> November 2014.** Any swimmer that has not submitted a signed waiver will not be able to swim.

Please submit all waivers to the following address:

C/O SACAC

RE: Fighting Fish Santa Claus Meet

40 Woodlands Street 41, H216

Phone: (65) 6363 6454

Fax: (65) 6368 9757

Email: sports@sacac.com

Singapore 738547

## **ESTIMATED MEET SCHEDULE**

#### Saturday

6:30am Pool Opens for Warm-Ups 7:30am Deadline for Relay Information **Deadline for Scratches** 

8:00am Parade of Teams 8:15am Marshall First Events

8:30am Meet Starts TBA Lunch Break

5:00pm Day 1 (events 1-52) finishes\*\*

## Sunday

6:30am Pool Opens for Warm-Ups

7:30am Deadline for Relay Information and Scratches

8:00am Marshall First Events

8:15am Meet Starts TBA Lunch Break

2:00pm Day 2 (events 53-78) finishes\*\*

Coaches Relay Event Awards Ceremony

## **VISITING TEAM TIMER VOLUNTEERS**

We will request visiting teams to assist with timing in Lanes 7 & 8. The exact number of timers needed per team will be determined after all entries have been received. Details will be emailed to you at that time.

## **WARM UP ASSIGNMENTS**

- Warm up lane Assignments to be sent out 1 week prior to the meet.
- The Warm up lane assignments will be posted on the white boards at the High School Pool each morning.
- Please remind your swimmers no standing or climbing on the touch pads and no sitting or hanging on the lane ropes.
- Swimmers must exit the pool from the sides at the touch pad end of the pool.

## **OFFICIAL RULES**

The meet will adhere to FINA rules. Two start rule will be enforced. DQ's will be NOT announced but will be published. We will be doing fly over starts for all events except 6 & under age group events. Please make sure to explain and demonstrate this to your swimmers prior to the meet.

## **AWARDS**

## **Individual Awards:**

- **Medals** will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Place Event Winners.
- **Ribbons** will be awarded to 4<sup>th</sup>-8<sup>th</sup> Place Event Winners.
- 1<sup>st</sup>-In-Heat ribbons will be awarded to individual Heat Winners.
- Individual High Point Trophies will be awarded to the boy and girl who accumulates the most individual points in each age group (6 & U, 7-8, 9-10, 11-12, 13-14, 15 & O)

#### Please note:

• There is NO limit on how many swimmers from each team can score points toward the INDIVIDUAL High Point totals.

<sup>\*\*</sup> This schedule is an estimate based on previous events and is subject to final swimmer count and possible weather delays. Coaches are advised to be aware of this when scheduling travel arrangements.

<sup>\*\*</sup>We do our best to run an efficient meet; we need you and your team to be on time for meetings, events and relays in order for this to happen.

o Additionally, while the 13-14 and 15 & over age categories will swim together, they will be broken out for individual and team scoring including relays.

#### **Team Awards:**

- Overall Team High Point Trophy will be awarded to the team with the highest overall team score
- Overall Team High Point-Visiting Team Trophy will be awarded to 3 visiting teams with the highest overall team score

## Please note:

 ONLY 2 swimmers per team per event may score points towards the OVERALL Team High Point scores.

# **MARSHALLING AREA**

- All swimmers will begin the marshaling process in the upstairs swimmers gym by monitoring the marshaling white board.
- When an event is marshaled, the swimmers will report downstairs to the marshaling area at the starting block end of the pool.
- Swimmers and coaches who are not marshaling are not to congregate near the marshaling area.
- Balls, Frisbees, video games, etc. are NOT allowed in the marshaling area.
- Coaches may accompany 10 & under swimmers in the marshaling area as needed.
- Coaches are required to be in the marshaling area during relay marshaling.
- Parents are requested to stay clear of the marshaling area.

# **SWIMMERS GYM**

- A large air-conditioned swimmers gym will be available.
- It is located on the second level opposite the starting block end of the pool (HS Gym).
- Swimmers are requested to remain in the Swimmers Gym or Food Gym when not swimming.
- Marshaling status can be found by monitoring the marshaling white board.
- NO BALL GAMES ALLOWED.
- A representative from each team is responsible to monitor their team's behavior inside the gym and ensure their team area is clean at the end of each day of the meet.

#### **FOOD GYM**

- Located across from the swimmers gym is an air-conditioned gym (MS Gym) where food and retail vendors will be set up. Tables and chairs are provided.
- Please note, Singapore \$\$ (SGD) is needed to purchase food. An ATM is located on campus.

## **SWIMSUIT GUIDELINES**

In the interest of equal opportunity, fair and equitable competition, and to prevent the deterioration of swimming skill development it has been determined that guidelines for swimsuits for Age Group Events are required.

- All swimwear worn by competitors in Age Group Events (18 and under) shall be commercially available products.
- Swimwear worn by competitors in Age Group Events shall conform to the following design:
  - Men's swimwear is limited to one (1) swimsuit that covers at most the body surface from hips to knee. Swimwear must not extend above the waist or below the knees\*\*;
  - Women's swimwear is limited to one (1) swimsuit that is of "open back" and "open shoulder" designs that may extend down to the knee. Swimwear must not extend below the knees\*\*.
  - Swimwear must not have a zipper or any type of fastening system\*\*.

\*\*Swimsuits will be approved if more body coverage is required for religious or personal reasons. Should this need arise please apply for approval in writing to <a href="mailto:swim.coach02@gmail.com">swim.coach02@gmail.com</a> at least one week notification before the commencement of the meet.

Following FINA's announcement on swimwear approval on May 19 2009, only FINA approved swim wear will be worn at Fighting Fish events. Swimmers must wear one of the 202 swimsuits currently approved by FINA. Swimmers may not wear one of the 136 that need modifications, or the 10 that have been banned.

The complete list of approved swimsuits can be found on the FINA official website at <a href="www.fina.org">www.fina.org</a>. We strongly encourage all coaches to check this list before attending the meet and review with their teams.

## **HEALTH & SAFETY**

Singapore American School's pools are outdoor pools. Events in these pools are subject to weather.

In the event of lightening, the SAS lightening alarm system will sound, the meet will be stopped, and swimmers and parents will be asked to take cover in specified dry areas such as the swimmer's gym or under the overhang at the marshaling end of the pool. Swimmers will not be allowed in the pool until the area is clear of lightening.

First aid personnel will be onsite throughout the meet. Swimmers who are bleeding or nauseas will be subject to the Fighting Fish procedure for medical clearance and may not be allowed to swim if the condition is determined to be serious.

# SAS MEET LOCATION/CAMPUS MAP

The 2014 Santa Claus Meet will be held in the High School pool of the Singapore American School. The High School pool is located near the running track and stadium field. Directions to the Singapore American School can be found on the school's website <a href="http://www.sas.edu.sg/about/directions.html">http://www.sas.edu.sg/about/directions.html</a>.

## **TEAM BUSING**

To arrange busing for your team to/from SAS, please contact our school's bus company, YEAP Transport at <a href="mailto:sas@yeaptpt.com">sas@yeaptpt.com</a> or Mr. Alan at +65 9831 1966.